

"KHELEGA BHARAT, JITEGA BHARAT" खेलगा भारत, जीतेगा भारत



CELEBRATION POSTER
NATIONAL SPORTS DAY 2026
(राष्ट्रीय खेल दिवस 2026)



DR. B. C. ROY ENGINEERING COLLEGE, DURGAPUR
डा. बी. सी. राय इंजीनियरिंग कॉलेज, दुर्गापुर

FRIDAY, 28 AUGUST 2026

Time: 9:00 AM onwards

Events:

* Inter-Departmental Tournaments (Hockey, Football, Badminton, Cricket, Athletics)

* Mini-Marathon | Yoga Session | Cultural Performances

* Award Ceremony

Venue: Netaji Subhash Krirangan



MAJOR DHYAN CHAND
मेजर ध्यानचंद

"Tribute to the Hockey Legend"

&

Major Dhyhan Chand Birth Anniversary
(28 August)

Events:

Inter-Departmental Tournaments (Hockey, Football,
Badminton, Cricket, Athletics) | Mini-Marathon | Yoga Session |
Cultural Performances | Award Ceremony

Venue: Netaji Subhash Krirangan



"Celebrating Excellence in Sports & Unity!"

Website: www.bcrec.ac.in | Email: sports@bcrec.ac.in

KHELEGA BHARAT, JITEGA BHARAT

Detailed Student Activity & Event Report

Dr. B. C. Roy Engineering College (BCREC), Durgapur

Organized By: BCREC Students

Date: Academic Session 2026–2027

Venue: Main Campus Sports Complex (Netaji Subhas Krirangan) & Gymnasium

Participants: B.Tech Students (Across Departments)

1. EXECUTIVE SUMMARY

Aligning with the national mission of fitness and youthful vigor, the students of Dr. B. C. Roy Engineering College organized and actively participated in the "Khelega Bharat, Jitega Bharat" sports event. On the 28th August, 2026, the initiative from the Dr. B. C. Roy Engineering College Durgapur (BCREC) fostered physical health, endurance, mental agility, and collective sportsmanship across multiple competitive and fitness-oriented activities. Designed to promote physical health, endurance, mental agility, and teamwork, the initiative brought together students across academic batches for competitive and recreational athletic events. Mr. Ratan Maity, Coach, Football Team, BCREC, Mrs. Gurmit Chatterjee, Girls' Gym Instructor, BCREC, Mr. Koushik Sutradhar, Boys' Gym Instructor, BCREC and our Students of BCREC actively participated in the events.

2. KEY SPORTS & FITNESS HIGHLIGHTS

Chess (Indoor Strategy)

Open-Play Tables: Instead of high-pressure elimination rounds, students gathered around casual chess stations set up in the indoor games room.

Peer Learning & Mentorship: Experienced student players actively mentored beginners, explaining opening moves, defensive structures, and positional strategy in a collaborative setup.

Mental Wellness: The session focused on problem-solving, cognitive focus, and providing students with a constructive mental break from routine coursework.

Basketball (Agility & Pace)

Inclusive Half-Court & Full-Court Play: Court time was allocated for open pickup games where players of all skill levels shared the ball and participated in fast-paced play.

Skill Drills & Passing Circuits: Before matches, students participated in shared warm-ups, shooting circuits, and fundamental passing drills guided by senior student coordinators.

Aerobic Fitness: Fostered agility, quick court transitions, and cooperative teamwork in a supportive, high-energy environment.

Football (Endurance & Teamwork)

Mixed-Batch Scrimmages: Teams were formed dynamically across different departments (Civil, CSE, ECE, ME, etc.) and academic years to break down batch barriers and foster cross-campus friendships.

Gymnasium (Strength Training)

Guided Facility Access: The college gymnasium hosted open interactive sessions to introduce students to campus fitness equipment, resistance machines, and bodyweight exercises.

Ergonomics & Posture Guidance: Student

Continuous Active Movement: The emphasis was placed on cardiovascular endurance, field positioning, and team coordination rather than defensive physical play or strict match outcomes.

Positive Campus Energy: Students on the sidelines actively joined in casual rotations, ensuring everyone who showed up got ample time on the pitch.

fitness enthusiasts conducted quick workshops on posture correction, core stability, and proper stretching—specifically tailored for engineering students who spend extended hours sitting at desks or workstations.

Habit Formation: Focused on demystifying strength training and helping participants integrate simple daily workouts into their college routines.

3. IMPACT & ACTIVITY SUMMARY

Activity	Core Discipline	Student Impact & Outcome
Chess	Tactical Planning	Enhanced problem-solving speed and strategic focus under clock pressure.
Basketball	Speed & Coordination	Improved team communication and high-intensity aerobic endurance.
Football	Stamina & Synergy	Fostered cross-departmental bonding and physical endurance.
Gym Workouts	Strength Conditioning	Instilled daily wellness discipline to complement academic rigor.

Event Photos

Chess	Basketball	Gym-Session	Football
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